

*The Holy Hour of Adoration  
For Christian Mothers*

*First Quarter*

ADORATION

*When the Priest has exposed the Blessed Sacrament, all sing:*

**HYMN:**

**O SALUTARIS HOSTIA**

*O Salutaris Hostia  
Quae caeli pandis ostium.  
Bella premunt hostilia;  
Da robur, fer auxilium.*

*Uni trinoque Domino  
Sit sempiterna gloria:  
Qui vitam sine termino,  
Nobis donet in patria. Amen.*

**PRIEST:** Come, O Holy Spirit, fill the hearts of Your faithful,

**MOTHERS:** And enkindle in them the fire of Your love.

**PRIEST:** Lord Jesus Christ, Who have promised that wherever two or three shall be gathered in Your name, You will be there in the midst of them, look down with compassion, love and mercy upon us, who are united before You in the lowliness of our hearts to honor Your Sacred Heart, in the desire to make it known and loved by all.

Stay in the midst of us, O sweet Jesus. Fill our hearts with Your blessings, and inflame them with Your love. Look upon the Christian Mothers gathered here. Shed upon their hearts Your light and truth, that they may understand and appreciate the dignity and duties of their vocation as Christian wives and mothers.

**ALL:** Sacred Heart of Jesus may You be known, may You be loved, may You be imitated!

**READER 1:** O Jesus, humbly kneeling in Your presence and united with all Christian Mothers, all the faithful on earth and the saints in Heaven, I adore You, true God and true Man, here present in the Holy Eucharist.

**READER 2:** Grateful even to the depths of my soul I love You with my whole heart. O Jesus, Who are infinitely perfect and infinitely lovable, enrich me by Your grace, especially in my motherhood, so that I may never in any way offend You or lead my children away from You. Thus strengthened here on earth by Your Eucharistic presence, may I merit to enjoy, with Mary, Your eternal and blessed presence in Heaven.

**PRIEST:** Lord Jesus, we desire during this hour to adore You, to thank You, to renew our sorrow for sin, and to ask for all the graces of which we and our families stand in need. We also desire to make reparation for the coldness, ingratitude, and sins of our families and others, especially for the outrages and sacrileges committed against You in the most Holy Sacrament.

**MOTHERS:** Dear Jesus, grant us the grace to spend this hour for Your greater honor and glory.

**PRIEST:** Let us with the most Sorrowful and Immaculate Virgin Mary adore, thank, pray to and console the most Sacred and well-beloved Eucharistic Heart.

**MOTHERS:** Holy Mary, help us to pay homage to your Son. All you holy saints and angels, help us to adore and praise our Lord and King.

**PRIEST:** We will place all the indulgences gained during this holy hour in the hands of Our Lady of Sorrows for the souls in Purgatory, especially for deceased Christian Mothers and members of our families.

**MOTHERS:** Divine Heart of Jesus, convert sinners, save the dying, set free the holy souls in Purgatory.

**PRIEST:** O Sacramental Jesus, be our Mediator with the Heavenly Father. Strengthen our weakness. Confirm our resolutions. Make us love You

more and more. Grant that nothing in life or death may ever separate us from You. Amen.

**MOTHERS:** O Jesus, Lamb of God, continually offered in sacrifice upon the altars of the world, I unite myself to You and I dedicate my children to You. Jesus Christ, Son of God, Light of the world, I adore You! For You I live, for You I die. Amen.

**PRIEST:** O God, You are all powerful.

**MOTHERS:** Make me holy!

**PRIEST:** Jesus, my God,

**MOTHERS:** I adore You here present in the Sacrament of Your Love.

## ACTS OF ADORATION

### I

**READER 1:** Jesus, my God, I adore You here present in the Blessed Sacrament of the altar where you wait day and night to be our comfort while we await Your unveiled Presence in Heaven.

Jesus, my God, I adore You in all places where the Blessed Sacrament is reserved, especially where You are little honored and where grave sins are committed against this Sacrament of Love.

Jesus, my God, I adore You for all time past, present and future, for every soul that ever was, is, or shall be created.

## II

Reader 2: Jesus, my God, Who, for me and for my children, endured hunger and cold, labor and fatigue, I adore You.

Jesus, my God, Who, for my sake and the sake of my children, deigned to subject Yourself to the humiliation of temptation, to the perfidy and defection of friends, to the scorn of your enemies, I adore you.

Jesus, my God, Who, for me and for my children, endured the buffetings of Your Passion, the Scourging, the Crown of Thorns, the heavy weight of the Cross, I adore you.

Jesus, my God, Who for our redemption endured the desolation of death, I adore you.

**PRIEST:** We adore You, O Christ, and we bless You,

**MOTHERS:** Because by Your Holy Cross You have redeemed the world.

**ALL:** Jesus for You I live. Jesus for You I die. Jesus I am Yours in life and death. Sacred Heart of Jesus, Your Kingdom come!

HYMN:

GODHEAD HERE IN HIDING

*Godhead here in hiding whom I do adore  
Masked by these bare shadows, shape and nothing more.  
See, Lord, at thy service low lies here a heart  
Lost, all lost in wonder at the God thou art.*

*On the cross thy godhead made no sign to men;  
Here thy very manhood steals from human ken:  
Both are my confession, both are my belief,  
And I pray the prayer made by the dying thief.*

*Jesus whom I look at shrouded here below,  
I beseech thee, send me what I thirst for so,  
Some day to gaze on thee face to face in light  
And be blest forever with thy glory's sight. Amen.*

MEDITATION

*(Read silently. Pause frequently and reflect.)*

To please Me, my dear child, it is not necessary to know much as the world knows. All that is required is to love Me much, to be deeply sorry for ever having offended Me and desirous of ever being faithful to Me in the future.

With all a child's simplicity, tell Me how self-seeking you are, how proud, vain, irritable, how cowardly and sacrifice, how lazy in work, uncertain in your good resolutions, and then

ask Me to bless and crown your efforts. Fear not, blush not at the sight of so many failings. There are saints in heaven who had the faults you have. They came to Me. They prayed earnestly to Me and My grace has made them good and holy in My sight.

And what crosses have you? Have they been many and heavy ones? Has someone caused you pain? Someone wounded your self-love? Slighted you? Injured you? Tell Me how you suffered. Tell Me all and in the warmth of My Heart you will find strength to forgive and even to forget that they have ever wished to pain you.

*Second quarter*

THANKSGIVING AND REPARATION

ACT OF THANKSGIVING

READER 1: O my God, I thank You for all the favors You have bestowed upon me. I give You thanks from the bottom of my heart for having created me, for uniting me with my husband in Holy Matrimony, and for giving us children to be heirs of Heaven by Holy Baptism. I thank You for all the joys of life and for all the sorrows, for the home that You have given us, for all the love that has surrounded us in our home, and for the friends and loved ones I have known through life.

READER 2: My Lord God, I thank You for guarding me and my family always and for keeping us safe. I thank You for forgiving me so often and so easily in the Sacrament of Penance, for offering Yourself in the Holy Mass with all Your infinite merits to the Father for me, for coming from Heaven to me in Holy Communion in spite of the coldness of my welcome, for Your patient waiting in the adorable Sacrament of the Altar.

READER 1: My Jesus, I thank You for having lived and worked and died for me and my family. I thank You for Your love. I thank You, Lord, for preparing a place in Heaven for me and my family, where I hope we will all be happy with You, thanking You and praising You always.

READER 2: You have dealt very generously and very tenderly with me. I cannot hope to thank You as I ought, but, with Your help my future life will be one long thanksgiving. I beg Your sweet Mother Mary to thank you for me out of her heart for all Your gifts of love to me.

PRIEST: Let us pray three *Hail Marys*, that our Holy Mother may thank her Divine Son for His unfailing love to us.

Hail Mary... *(3 Times)*

MOTHERS: Holy Mary...

#### ACT OF REPARATION

PRIEST: O most holy God, we adore You! We bless You through the Sacred Heart of Jesus in the adorable Sacrament of the Altar. We offer You, through the holy hands of the Sorrowful and Immaculate Virgin Mary, all the consecrated Hosts reposing on our altars or in our tabernacles, as a sacrifice of expiation, reparation and atonement for all the sacrileges, profanations, impieties, blasphemies and crimes committed against You through the whole universe.

MOTHERS: Eternal Father, by the most Precious Blood of Jesus Christ, glorify His most Holy Name according to the intentions and desires of His most adorable Heart.

### ACTS OF SORROW

PRIEST: O Merciful Jesus! We beseech You to accept these Acts of Sorrow, which each Christian Mother makes on behalf of herself, her husband and her children.

ALL: I am sorry, O Jesus,  
For our share in Your agony and bloody sweat in the garden.  
I am sorry, O Jesus,  
For our share in Your crucifixion.  
I am sorry, O Jesus,  
For our want of sympathy with You and Your Sorrowful Mother.  
I am sorry, O Jesus,  
For our lukewarmness in Holy Communion, our neglect of Holy Mass,  
and our irreverence in the church.  
I am sorry, O Jesus,  
For all our ingratitude, our want of perfect trust, and our indifference  
to Your wonderful love.  
Forgive us, O Jesus,  
For our sins of dishonesty and uncharitableness.  
Forgive us, O Jesus,  
For our sins of sacrilege and for all the outrages we have committed  
against You.

PRIEST: Let Us Pray.

O Lord, Who came to call, not the just, but sinners to repentance, touch the hearts of sinners with Your grace and bring them back to true repentance at Your feet.

MOTHERS: God be merciful to me, a sinner. Pardon me my transgressions in the discharge of the duties of my vocation, and grant that I may fulfill them with renewed fervor from this day.

PRIEST: Spare, O Lord, spare Your people.

MOTHERS: And be not angry with us forever.

My Jesus have mercy.

PRIEST: O Jesus, in the most Holy Sacrament,

MOTHERS: Have mercy on us. Deliver our children from all their transgressions and from all evil, and grant that they may always keep firmly to Your Holy Commandments, and never be separated from You.

PRIEST: Heart of Jesus, loving Savior,

MOTHERS: I give You my heart.

#### LITANY OF THE SACRED HEART

PRIEST: Lord, have mercy.

MOTHERS: Christ, have mercy.

PRIEST: Lord, have mercy, Christ, hear us.

MOTHERS: Christ, graciously hear us.

PRIEST: God, the Father of Heaven,

**MOTHERS** (*respond at each invocation*): **Have mercy on us.**

PRIEST: God, the Son, Redeemer of the world,  
God, the Holy Spirit,  
Holy Trinity, one God,  
Heart of Jesus, Son of the Eternal Father,  
Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin  
Mother,  
Heart of Jesus, united substantially with the Word of God,  
Heart of Jesus, of infinite majesty,  
Heart of Jesus, sacred temple of God,  
Heart of Jesus, tabernacle of the Most High,  
Heart of Jesus, house of God and gate of heaven,  
Heart of Jesus, burning furnace of charity,  
Heart of Jesus, abode of justice and love,  
Heart of Jesus, full of goodness and love,  
Heart of Jesus, abyss of all virtues,  
Heart of Jesus, most worthy of all praise,  
Heart of Jesus, King and center of all hearts,  
Heart of Jesus, in Whom are all the treasures of wisdom and  
knowledge,  
Heart of Jesus, in Whom dwells all the fullness of Divinity,  
Heart of Jesus, in Whom the Father is well pleased,  
Heart of Jesus, of Whose fullness we have all received,  
Heart of Jesus, desire of the everlasting hills,

Heart of Jesus, patient and rich in mercy,  
Heart of Jesus, enriching all who invoke You,  
Heart of Jesus, fount of life and holiness,  
Heart of Jesus, propitiation for our sins,  
Heart of Jesus, loaded down with opprobrium,  
Heart of Jesus, bruised for our offenses,  
Heart of Jesus, made obedient unto death,  
Heart of Jesus, pierced with a lance,  
Heart of Jesus, source of all consolation,  
Heart of Jesus, our life and resurrection,  
Heart of Jesus, our peace and reconciliation,  
Heart of Jesus, victim for our sins,  
Heart of Jesus, salvation of those who trust in You,  
Heart of Jesus, hope of those who die in You,  
Heart of Jesus, delight of all Saints,

**PRIEST:** Lamb of God, Who takes away the sins of the world,

**MOTHERS:** Spare us, O Lord!

**PRIEST:** Lamb of God, Who takes away the sins of the world,

**MOTHERS:** Graciously hear us, O Lord!

**PRIEST:** Lamb of God, Who takes away the sins of the world,

**MOTHERS:** Have mercy on us.

**PRIEST:** Jesus meek and humble of heart,

**MOTHERS:** Make our hearts like unto Yours.

PRIEST:

Let Us Pray.

O Almighty and Eternal God, look upon the Heart of Your dearly beloved Son and upon the praise and satisfaction He offers to You in behalf of sinners, and being appeased grant pardon to those who seek Your mercy in the name of the same Jesus Christ, Your Son, who lives and reigns with You, in the unity of the Holy Spirit, world without end. Amen.

HYMN:

O LORD I AM NOT WORTHY

*O Lord I am not worthy  
That Thou should'st come to me  
But speak Thy words of comfort  
My spirit healed shall be*

*O Jesus we adore Thee  
Our Victim and our Priest  
Whose Precious Blood and Body  
Become our Sacred Feast*

*O Sacrament Most Holy  
O Sacrament Divine  
All praise and all thanksgiving  
Be ev'ry moment Thine*

SERMON

*Third Quarter*

LOVE AND CONSECRATION

PRIEST: O my Jesus, You know well that we love You but do not love You enough. Grant that we may love You more! O Love that burns and never fails! My God, You Who are charity itself, enkindle in our hearts that divine fire which consumes the saints and transforms them into You. Amen.

MOTHERS: O Jesus, with my whole heart I cling to You.

PRIEST: Sweet Heart of my Jesus,

MOTHERS: Be my love.

PRIEST: Sweet Heart of Jesus,

MOTHERS: Make me ever love You more and more.

SPIRITUAL COMMUNION

ALL: My Jesus, I desire to receive You into my soul,  
But since I cannot now receive You sacramentally,  
Come at least spiritually into my poor heart.  
I embrace You,  
I give myself entirely to You.  
Do not allow me ever to offend You again.

PRIEST: O God, You are all powerful.

MOTHERS: Make me a holy mother.

PRIEST: Jesus, Friend of the little ones,

MOTHERS: **Bless our children and the children of the whole world.**

PRIEST: May the Sacred Heart of Jesus,

MOTHERS: **Be loved everywhere.**

AN ACT OF CONSECRATION OF THE FAMILY  
TO THE MOST SACRED HEART OF JESUS

READER 1: Most Sacred Heart of Jesus, Who manifested to Blessed Margaret Mary the desire of reigning in Christian families, I today wish to acknowledge publicly Your absolute dominion over my family. I desire henceforth that we may live with Your life; I desire to let those virtues take root and thrive among us to which You have promised peace here below; we will banish far from us that spirit of the world which You cursed.

READER 2: Rule, therefore, over our minds through the simplicity of our faith and over our hearts through the wholehearted love with which they shall burn for You, the flame of which we shall keep alive through the frequent reception of the Eucharist.

READER 1: Be pleased, O Divine Heart, to preside over our assemblies, to bless our spiritual and temporal enterprises, to dispel our cares, to sanctify our joys and to alleviate our sufferings. If I or one of my children should ever have the misfortune to afflict You, remind us, O Heart of Jesus, that You are good and merciful to the penitent sinner. And when the

hour of separation strikes, when death shall come to cast gloom into our midst, we will all, both those who go and those who stay, be resigned to Your eternal decrees. We will console ourselves with the thought that a day will come when the entire family, reunited in heaven, can sing forever Your glories and Your mercies.

**READER 2:** May the Sorrowful and Immaculate Heart of Mary, the glorious Patriarch St. Joseph and all our Guardian Angels present this consecration to You, and keep it in our minds all the days of our life.

**PRIEST:** All glory be to the Heart of Jesus,

**MOTHERS:** **Our King and our Father.**

**PRIEST:** Most Sacred Heart of Jesus,

**MOTHERS:** **Protect our families.**

**PRIEST:** O Heart of Jesus, burning with love for us,

**MOTHERS:** **Inflame our hearts with love for You.**

**PRIEST:** O Divine Heart of Jesus, convert sinners, save the dying and release the holy souls in Purgatory, especially Christian Mothers and members of our families.

HYMN:

JESUS, MY LORD, MY GOD, MY ALL

*Jesus! my Lord, my God, my all!  
How can I love Thee as I ought?  
And, how revere this wondrous gift,  
So far surpassing hope or thought?*

*Sweet Sacrament! we Thee adore!  
O, make us love Thee more and more!  
O, make us love Thee more and more!*

*Had I but Mary's sinless heart  
To love Thee with, my dearest King!  
O with what bursts of fervent praise  
Thy goodness, Jesus, would I sing!*

*Sweet Sacrament! we Thee adore!  
O, make us love Thee more and more!  
O, make us love Thee more and more!*

MEDITATION

*(Read silently. Pause frequently and reflect.)*

And what fears have you? Have you failed in the past? Tell Me how you acted. I will show you why you did not gain all that you expected. Rely on Me, I will help you and will guide you to draw close to Me and to lead your husband and children to Me. I am never away from you, never can abandon you.

Have you not some happiness to make known to Me? What has happened since you came to Me last to gladden and give you joy? A success unexpected and un hoped for? A fear suddenly taken away from you? And did you remember that it was My will, My love that brought all that your heart has been so glad to have? It was My hand that guided and prepared all for you. Look to Me now and say: "Dear Jesus, I thank you."

*Fourth Quarter*

PETITION AND OFFERING

PRIEST: O Lord Jesus Christ, Who has said: "Ask and you shall receive, Seek and you shall find, Knock and it shall be opened and to you"; mercifully hear our prayers and grant us the gift of Your Divine Charity, that we may ever love You with our whole hearts and never desist from Your praise, Who lives and reigns, one God, world without end. Amen.

MOTHERS: O Sacred Heart of Jesus,  
I place my trust in You,  
For though I fear all from my weakness,  
I hope all things from Your mercy.

PRIEST: Most Sorrowful and Immaculate Virgin Mary, Mother of God and our Mother, speak on our behalf to the Heart of Jesus who is your Son and our Brother.

MOTHERS: Sweet Heart of Mary, be my salvation.

AN ACT OF PETITION

PRIEST: Dear Savior, we have adored You, we have thanked You for Your blessings, we have tried to make amends for our sins. We now come to pray to You for all our dear ones. Again do we recall the picture of Jesus kneeling in the midst of His agony in perfect, humble prayer. He prayed for all mankind. He desired before all things the Will of His

Father. “Thy will, not mine, be done.” In the Blessed Sacrament He still continues this love of prayer.

READER 1: Our first prayer, dear Savior will be for all Christian Mothers assembled tonight before You. We have come to ask that You will bestow upon us and our families the blessings that will keep and preserve us all through our lives. Give us not only light to know, but strength to fulfill to the end, Your Divine decrees. Grant that we may lead to eternal life the souls of our children, as well as our own.

READER 2: Bless and sanctify, dear Savior, all Christian Mothers throughout the whole world, and our husbands. Purify and sanctify our marriages. Bless all Christian Mothers who have lost their husbands or who strive to raise holy children without the support of husbands. Grant to us all that measure of health and success that is needed for each one of us to live up to our obligations and to fulfill our mission in life, and grant to us all the spirit of joy and sacrificial love that will make our burdens light. Fill us with a sense of our responsibility toward our children; assist us in the care of their health, but especially in the preservation of their innocence and purity of heart. Grant that we may teach them early to know and serve You, and to love You with their whole heart. Grant that we ourselves may carefully avoid all that we must forbid them, and may faithfully practice all that we should teach them.

READER 1: Bless, O Lord, our husbands. Grant to each of them the grace to see and to understand the sanctity and importance of his vocation as a father;

urge him on to be zealous in fulfilling it perfectly. O God, give them Your grace, that they may earnestly war against their faults and conquer them. May they not forget You in the midst of the distractions of daily life, and perish in the many dangers that surround them! Inspire them with lively sentiments of faith, hope and charity; give them zeal for prayer and divine service, and for all the exercises of a Catholic Christian. Make them truly good fathers, and grant that they might go before our children on the Way of Salvation as truly Christian men.

READER 2: Bless our sons. Make them manly, make them pure, make them industrious and sober. Bless our daughters. Let them observe in their lives the ideals of Christian womanhood that we have loved and revered from all times in our parents. Bless our little children. Make them obedient, trustful and pious. May You, in Your generosity, see fit to grant to at least one of our children a vocation in religion. Bless our efforts, O Heavenly Father, and let our children advance in wisdom and age and grace before You and all men.

READER 1: Bless all expectant mothers, especially those among us. Give them courage and fortitude, and protect them in the sufferings of pregnancy and childbirth. Watch over the babies with which you have been pleased to bless them. May their precious souls be cleansed by the saving waters of Baptism and, after living Christian lives on earth, may they, with their mothers, attain everlasting bliss in heaven.

READER 2: Dear Savior in the days of Your mortal life You showed Your love and preference for the poor and lowly, the suffering and the sick. Visit tonight all the members of the Confraternity of Christian Mothers and members of this parish by Your sweet, consoling Spirit. Give solace to those who are in poverty and sickness, weighed down by sorrow and care. For sinners in their agony and for those who are to die this day, may the Precious Blood of Jesus, their Redeemer, obtain mercy for them. To those who are mourning the dead, bring peace and resignation. To the departed souls, send forth the light of Your comfort. Bless the little children who have no father or mother. Bless the devoted ones who care for them and for our aged and infirm. Send forth tonight the light of Your comfort and refreshment.

READER 1: Give to the priests who are laboring in this blessed portion of Your vineyard, especially Fr. Joe Hartmann, Fr. Joseph Tuscan, and all the Father Directors of the Confraternity of Christian Mothers, a great share of Your precious blessings so that having given their lives and energy for the Church and souls they may be received one day favorably in Your presence.

READER 2: Receive, O my Jesus, my petitions, and grant them through Your merits, so that I may be to the children, whom You love so tenderly, a truly good mother.

READER 1: We commend our children, O God, to Your paternal care, to the motherly protection of the Virgin Mary, to the guardianship of Your holy angels, and to the prayers of all our holy patrons.

READER 2: O Mary, Immaculate Virgin and Sorrowful Mother, commend our beloved children to the Most Sacred Heart of Jesus, Who refuses nothing to His Mother.

Holy Guardian Angels,

**MOTHERS (respond to each invocation):            Pray for them**

READER 2: St. Joseph, powerful patron,  
St. John, beloved disciple of the Heart of Jesus,  
St. Augustine,  
St. Anthony,  
St. Aloysius,  
St. Anne, Mother of Mary,  
St. Elizabeth,  
St. Monica,

READER 1: O Holy Spirit! Fountain-head and dispenser of all graces and gifts, I have recourse to You. How much do I not stand in need of Your gifts in my work of education! Grant these to me in ever-increasing plentitude!

READER 2: Grant me the gift of wisdom, that in educating my children I may intend, above all else, the welfare of their souls, and recognize in all

things what are the best ways and means to lead them to the true fear of God and piety, and to their salvation.

**MOTHERS: Amen.**

**READER 1:** Give me the gift of understanding, in order that, led by You to the right comprehension of the teachings of our holy religion, I also may be able to instruct my children properly, and obtain for them a heartfelt, sincere religious spirit.

**MOTHERS: Amen.**

**READER 2:** Give me the gift of knowledge, that I may know and see what is conducive to my own and my children's welfare, and become thus enabled to communicate to them the most necessary and the most useful knowledge in whatever they have a right to be instructed in by me.

**MOTHERS: Amen.**

**READER 1:** Give me the gift of counsel, that in the difficult task of education I may always find the right way, use the right means and proceed in the best manner to do for my children all that is according to God's holy will, and for their true welfare.

**MOTHERS: Amen.**

READER 2: Give me the gift of fortitude, that I may not fail under the difficulties and privations of a mother; but persevere with a cheerful and joyful heart, that I may never permit myself to give way to undue love for my children, which would bring upon them the loss and ruin of their souls.

MOTHERS: Amen.

READER 1: Give me the gift of piety, and kindle in my heart, by Your grace, the fire of holy love, that by my faithfulness in the service of God and by my zeal in the practice of Christian piety and Christian virtues, I may set before my children the example of a perfect Christian life, and that my teaching and admonitions may thus, by the unction of the true fear of God and by Your holy grace, become fruitful for them.

MOTHERS: Amen.

READER 2: Give me the gift of the fear of the Lord, and penetrate my heart with a hatred and aversion for sin, and with a holy abhorrence for all that may be displeasing in Your sight, that I may not by my sins give scandal to my children and become the cause of sin and the perdition following it – the greatest misfortune that could befall them.

MOTHERS: Amen.

**HYMN:**

**COME, HOLY GHOST**

*Come, Holy Ghost, Creator blest,  
And in our hearts take up Thy rest;  
Come with Thy grace and heav'nly aid  
To fill our hearts which Thou hast made,  
To fill our hearts which Thou has made.*

*O Comforter, to Thee we cry,  
Thou heav'nly gift of God most high;  
Thou fount of life, and fire of love,  
And sweet anointing from above,  
And sweet anointing from above.*

**MEDITATION**

*(Read silently. Pause frequently and reflect.)*

You will soon leave Me now. What favors do you wish to ask of Me? What promises can you make Me? Tell Me the whole list of favors you want of Me, for yourself and your precious children. Tell them to Me with humility, knowing how poor you are without them, how unable to gain them by yourself. Tell them to Me with confidence, knowing how powerful I am to grant every just desire. Tell them to Me, above all, with perseverance – lose not heart if I do not at first reply. I shall sometimes try your faith! Ask for them with much love that they may make you more pleasing to Me.

And your promises! Tell Me how carefully you will avoid every occasion of sin, drive from you all that leads to harm, and shun the world – the great deceiver of souls. Tell Me how you will love and serve your family cheerfully for love of Me. Promise Me to be kind to

your family and friends, forgiving to your enemies and charitable to all, not in word and action only, but even in your very thoughts.

Return to Me shortly but come with your heart empty of the world, for I have many more favors to give – more than you can know of! Bring your heart so that I may fill it with many gifts of My love.

My peace be with you.

#### TOWARD EVENING

ALL. Jesus dear, the day is over,  
Now I leave my labor light,  
And before I seek my slumber,  
Come to say a sweet good-night.  
Would that I might tarry near Thee,  
Rest beneath Thy lonely shrine,  
Thou would'st whisper loving secrets,  
I would tell Thee all of mine.  
But I cannot linger, Jesus,  
I must leave Thee for a while,  
Now bestow on me a blessing,  
And a fond approving smile.  
I will leave my heart beside Thee,  
It will rest securest there,  
And within Thy fond embraces,  
It will grow to Thee more dear.

So, good night, once more, my Jesus,  
Grant, no matter where I be,  
All my day thoughts and my night dreams,  
Be of Thee, and only Thee.

BENEDICTION

HYMN:

TANTUM ERGO

*Tantum ergo Sacramentum  
Veneremur cernui:  
Et antiquum documentum  
Novo cedat ritui:  
Praestet fides supplementum  
Sensuum defectui.*

*Genitori, Genitoque  
Laus et iubilatio,  
Salus, honor, virtus quoque  
Sit et benedictio:  
Procedenti ab utroque  
Compar sit laudatio.  
Amen.*

PRIEST: You have given them Bread from heaven

MOTHERS: Having within it all sweetness

**PRIEST:**

Let us pray.

O God, Who in this wonderful Sacrament left us a memorial of Your Passion: grant, we implore You, that we may so venerate the sacred mysteries of Your Body and Blood, as always to be conscious of the fruit of Your Redemption. You Who live forever and ever.

**MOTHERS:** Amen.

### THE DIVINE PRAISES

**ALL:**

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most Holy.

Blessed be her Holy and Immaculate Conception.

Blessed be her Glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints. Amen.

**PRIEST:**

The Lord be with you.

**MOTHERS:**

And with Your Spirit.

**PRIEST:**

May Almighty God Bless you, Father, Son and Holy Spirit.

MOTHERS: Amen.

PRIEST: Go in peace.

MOTHERS: Thanks be to God.

HYMN:

HOLY GOD WE PRAISE THY NAME

*Holy God, we praise Thy Name  
Lord of all, we bow before Thee  
All on earth Thy scepter claim;  
All in heav'n above adore Thee  
Infinite Thy vast domain,  
Everlasting is Thy reign!  
Infinite Thy vast domain,  
Everlasting is Thy reign!*

*Hark, the loud celestial hymn,  
Angel choirs above are raising  
Cherubim and seraphim,  
In unceasing chorus praising,  
Fill the heav'ns with sweet accord:  
Holy, holy, holy Lord!  
Fill the heav'ns with sweet accord:  
Holy, holy, holy Lord!*