## Daily Prayers for All Baptized Catholic CSU and FRCC Students

Step 1. To strengthen your prayer, ask the Blessed Virgin Mary to join you.

Holy Mary, Our Lady of Fatima, with renewed gratitude for your maternal presence, I join my voice to all generations who call you blessed. Hold my life in your arms: Ask the Lord to bless and strengthen my every desire for good; revive and nourish my faith; sustain and enlighten my hope; awaken and animate charity within me; guide me along the path of holiness. Ever-Virgin Mary, bring me under your protection and entrust me to your beloved Son, Our Lord Jesus Christ. Amen.

[You can also name a few of your favorite saints to intercede.]

Step 2. Relying on the power of God's word, read/pray one (or more) of the following:

<u>Hebrews 4:12-13:</u> Indeed, the word of God is living and effective, sharper than any two-edged sword, penetrating even between soul and spirit, joints and marrow, and able to discern reflections and thoughts of the heart. No creature is concealed from Him, but everything is naked and exposed to the eyes of Him to whom we must render an account.

Or

<u>Isaiah 55:10-11</u>: Yet just as from the heavens the rain and snow come down and do not return there till they have watered the earth, making it fertile and fruitful, giving seed to the one who sows and bread to the one who eats, so shall My word be that goes forth from My mouth; it shall not return to Me empty, but shall do what pleases Me, achieving the end for which I sent it.

Or

<u>Matthew 7:7-8:</u> "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks, receives; and the one who seeks, finds; and to the one who knocks, the door will be opened."

Step 3. Pray this short prayer in italics and then pray one of the following scriptural passages below it.

O God Almighty, King of the Universe, I love You, praise You, and adore You. Heavenly Father, in the name of Jesus Christ, and through the power of His Cross and Resurrection, and by the power of the Holy Spirit, I pray Your Word into each and every Baptized Catholic student attending Colorado State University or Front Range Community College—whether they are practicing their faith or not. By Your grace, may these students receive a strong interior impulse that draws them into a deep friendship with You. Please shatter the lies and attachments that they have to created and material things, which get in the way of their relationship with You. I ask that these people will experience Your love and acknowledge You as their Creator and LORD. May they be drawn strongly to the Sacraments of Confession and the Most Holy Eucharist, and fill the pews of the Catholic Church—especially at St. John XXIII Parish. Amen.

[Now pray the following scriptures into these people. Let the word of God take effect!]

On Mondays. Psalm 23: The LORD is my shepherd; there is nothing I lack. In green pastures He makes me lie down; to still waters He leads me; he restores my soul. He guides me along right paths for the sake of His name. Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff comfort me. You set a table before me in front of my enemies; You anoint my head with oil; my cup overflows. Indeed, goodness and mercy will pursue me all the days of my life; I will dwell in the house of the LORD for endless days.

**On Tuesdays.** Philippians 4:4-8: Rejoice in the LORD always. I shall say it again: rejoice! Your kindness should be known to all. The LORD is near. Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God. Then the peace of God that surpasses all

understanding will guard your hearts and minds in Christ Jesus. Finally, brothers and sisters, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence and if there is anything worthy of praise, think about these things.

On Wednesdays. Ezekiel 37:1-14: The hand of the LORD came upon me, and He led me out in the spirit of the LORD and set me in the center of the broad valley. It was filled with bones. He made me walk among them in every direction. So many lay on the surface of the valley! How dry they were! He asked me: Son of man, can these bones come back to life? "LORD GOD," I answered, "You alone know that." Then He said to me: Prophesy over these bones, and say to them: Dry bones, hear the word of the LORD! Thus says the LORD GOD to these bones: Listen! I will make breath enter you so you may come to life. I will put sinews on you, make flesh grow over you, cover you with skin, and put breath into you so you may come to life. Then you shall know that I am the LORD. I prophesied as I had been commanded. A sound started up, as I was prophesying, rattling like thunder. The bones came together, bone joining to bone. As I watched, sinews appeared on them, flesh grew over them, skin covered them on top, but there was no breath in them. Then He said to me: Prophesy to the breath, prophesy, son of man! Say to the breath: Thus says the LORD GOD: From the four winds come, O breath, and breathe into these slain that they may come to life. I prophesied as He commanded me, and the breath entered them; they came to life and stood on their feet, a vast army. He said to me: Son of man, these bones are the whole house of Israel! They are saying, "Our bones are dried up, our hope is lost, and we are cut off." Therefore, prophesy and say to them: Thus says the LORD GOD: Look! I am going to open your graves; I will make you come up out of your graves, My people, and bring you back to the land of Israel. You shall know that I am the LORD, when I open your graves and make you come up out of them, My people! I will put My spirit in you that you may come to life, and I will settle you in your land. Then you shall know that I am the LORD. I have spoken; I will do it oracle of the LORD.

On Thursdays. Proverbs 3:5-9: Trust in the LORD with all your heart, on your own intelligence do not rely; in all your ways be mindful of Him, and He will make straight your paths. Do not be wise in your own eyes, fear the LORD and turn away from evil; this will mean health for your flesh and vigor for your bones. Honor the LORD with your wealth, with first fruits of all your produce. Psalm 149:1-4: Hallelujah! Sing to the LORD a new song, His praise in the assembly of the faithful. Let Israel be glad in its Maker, the people of Zion rejoice in their King. Let them praise His name in dance, make music with tambourine and lyre. For the LORD takes delight in His people, honors the poor with victory.

On Fridays. Psalm 91: You who dwell in the shelter of the Most High, who abide in the shade of the Almighty, say to the LORD, "My refuge and fortress, my God in whom I trust." He will rescue you from the fowler's snare, from the destroying plague; He will shelter you with His pinions, and under His wings you may take refuge; His faithfulness is a protecting shield. You shall not fear the terror of the night nor the arrow that flies by day, nor the pestilence that roams in darkness, nor the plague that ravages at noon. Though a thousand fall at your side, ten thousand at your right hand, near you it shall not come. You need simply watch; the punishment of the wicked you will see. Because you have the LORD for your refuge and have made the Most High your stronghold, no evil shall befall you, no affliction come near your tent. For He commands His angels with regard to you, to guard you wherever you go. With their hands they shall support you, lest you strike your foot against a stone. You can tread upon the asp and the viper, trample the lion and the dragon. Because he clings to Me I will deliver him; because he knows My name I will set him on high. He will call upon Me and I will answer; I will be with him in distress; I will deliver him and give him honor. With length of days I will satisfy him, and fill him with My saving power.

[Feel free to pray on **Saturday** and **Sunday** also. You can always choose one of your favorite passages from the Bible such as Luke 15:11-32—the story of the prodigal son returning. Ask the Holy Spirit help you to choose!]

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